Haninge kommun

Social Services
– supporting you as a parent



We are here for you and for your child

Being a parent can be both wonderful and challenging. Sometimes we don't feel strong enough – at those times support can be very important. Social Services are here to help you and your child when life feels difficult, or when you feel anxious. Our aim is for your child to feel good and safe. At the same time, we want to support you in your parenting.





You are always welcome to contact us!

You can contact us if, for example:

- you need someone to talk to about parenting
- your child struggles to follow rules at home
- there are a lot of conflicts in the family
- you suspect that your child is involved in criminal activity or a criminal environment
- you feel worried about your child's alcohol, drug or gambling habits
- you suspect that your child has been the victim of a crime or abuse
- you want to find out what kind of support is available.

> **Contact us at an early stage – often, it is easier to find solutions that way!**
>
> Don't wait until a small problem becomes a big one. The earlier you get in touch, the easier it is to find solutions that work.
> **We are here to support you – in matters big and small.**

What is a notification of concern?

Sometimes school, preschool or healthcare personnel, for example, contact Social Services because of their concern about a child. This is called a notification of concern. Anyone who works with children has a duty to make a notification of concern.
A notification of concern does not mean that you have done anything wrong – just that someone wants us to pay attention to a child's situation and wellbeing.

When we receive a notification, we carry out an initial assessment. We meet with the family to find out if there is a need for support. After the assessment, we can

- close the case if there is no need for support
- initiate an investigation to find out more about how the child is doing.

An investigation means that we gather information by talking to

- you
- your child
- sometimes other important people in the child's life.

The purpose is to understand the child's situation – not to accuse or judge anyone. Your impression of which people are important in your child's life constitutes a significant part of the investigation.

Even when we do not initiate an investigation, you can receive support from us. We offer e.g. conversations, parent meetings and children's groups outside of an investigation.

What kind of support do we offer?

We adapt the support to your family and to what feels difficult at the time. Here are some examples:



Conversations and advice

You can talk to a parent support worker about your situation. Together, you can figure out what feels difficult and get concrete advice on how to move forward.

Example: *You feel unsure about how to handle conflicts at home and receive advice on how to deal with your child.*



Parental support

Support that strengthens you in your role as a parent. This can be individual conversations or group meetings with other parents where you get tools and tips for everyday life.

Example: *You participate in a parenting group where you talk about setting boundaries, routines and how to support your child.*



Support for the whole family (family support)

You meet with a family support worker who helps you improve relationships, communication and cooperation within the family.

Example: *You meet with a family support worker who helps you find better ways to talk to each other at home.*



Contact person

An adult who regularly meets with your child to provide additional support, for example by doing activities together or being someone they can talk to.



Contact family

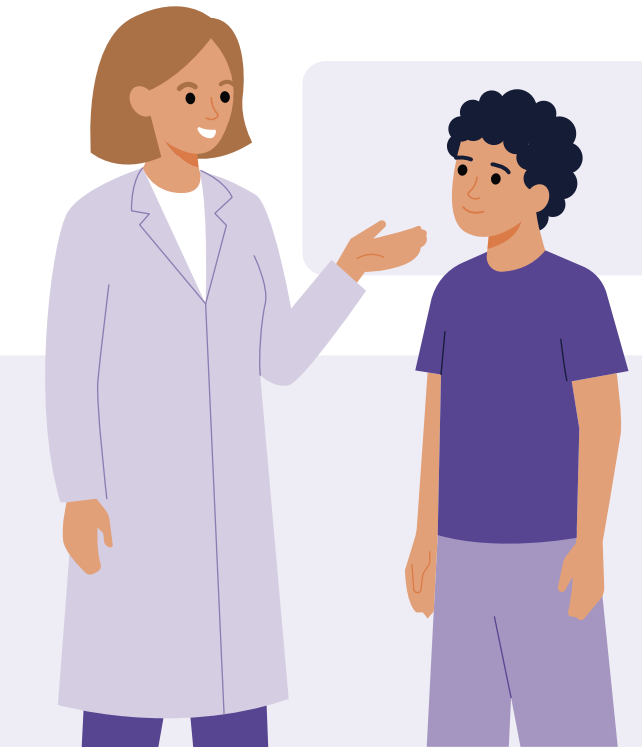
Another family where the child spend time, for example one weekend a month, so that the child gets a change of environment and more adults around them.

Disability support

If your child has a disability, everyday life can sometimes involve greater responsibility or more contact with different services. In this context, support can be extra valuable.

We can help you understand what support is available and how to apply for it. We offer support that can make everyday life easier for the entire family, for example by helping to coordinate contacts, providing respite, or offering activities that give your child the opportunity to enjoy a meaningful and stimulating leisure time.





Collaboration with others

We can help create contacts and collaboration with, for example, schools, preschools or healthcare.

As a parent, you can also receive support for matters related to your own situation. For example, this could include worries or mental health difficulties. You may also have concerns about finances, alcohol or drug use, or other habits. Seeking support early can make a big difference for both you and your child, and our focus is on finding good solutions for you and your family.

Several support measures are available outside of an investigation.
More information is available on the Haninge Municipality website.

Your child's voice is important

Children have the right to express themselves on issues that concern them. That's why we like to talk to the child individually. We tailor the conversations to the child's age, and they always take place in a safe environment.

Your rights

When you are in contact with Social Services, you have the right to:

- get clear information about what is happening and why
- be involved in decisions that affect your child
- say what you think
- be informed about what is written about you and your child
- get an interpreter if necessary.

More information about Social Services and the support you can receive can be found at Socialstyrelsen at socialstyrelsen.se/stod-i-livet. The information is available in several languages and also in easy-to-read Swedish.

Contact Social Services in Haninge

You are always welcome to contact us – even with just a question.

Telephone: +46 (0)8 70 606 70 00
Email: socialtjanst@haninge.se
Address: Rudsjöterrassen 2

Seeking support is an act of care
– both for your child and for yourself!

Haninge kommun

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Telephone: +46 (0)8 70 606 70 00 **Web:** www.haninge.se